

Ridge Meadows Autism Information and Support Group

For Parents and Family Members Who Have
a Child with Autism or other developmental
disability.....



Please join us for refreshments, information and conversation:

Next meeting:

October 20: Tips
and Tricks for
Managing Anxiety
10- noon

October 27:
Transitioning from
High school
630 - 830 pm

For more
information and to
RSVP please contact
tracy.hewgill@rmacl.org
Family
Support
Coordinator (604
467-8700)
www.rmacl.org

Ridge Meadows
association for community living

Tuesday September 22, 2015
630-830 pm

11641 224 Street, Maple Ridge

Is it Anxiety... or something else?

Please join us to hear from Nate Searle, MS BCBA. Nate is a local Behaviour Consultant with many years of experience working with children and youth with developmental differences. He has a particular interest in Anxiety. He hopes to shift our understanding of anxiety and its treatment and break the silence so that kids and adults, who suffer silently and painfully, can be better supported.

Please note this is Part 1 of a two part presentation. Part 2: Tips and Tricks for Managing Anxiety will be held on October 20 from 10-noon. Participants can attend one or both of the presentations, but an RSVP is required.

