

My Booklet BC- a FREE online resource

Meet the Creator, Lydia Kang of The Family Support Institute

Topics to be covered:

- My Booklet BC is a free online tool that families and individuals can use to create a personalized information booklet to store and share their strengths, gifts, goals and much, much more!
- How to use the free online tool to create your own booklet
- Real-life stories on how it can be used and the rationale behind it



Tired of telling your story over and over to doctors, therapists, friends, family? Want to show that your child is so much more than their diagnosis? Come and learn about MyBooklet BC!

<https://www.mybookletbc.com/>

WHO: This workshop is intended for the parents/caregivers of children/youth with Extra Support Needs

WHEN: Thursday, January 23, 2020 10 am- noon **OR**
Thursday February 20, 2020 630-830pm

WHERE: Ridge Meadows Association for Community Living
Administration Office
11641 224 Street Maple Ridge, BC

RSVP

Tracy.Hewgill@rmacl.org (preferable method) or
604 467 8700 ext 119 by Monday Jan. 20/20 or Monday February 17/20

Please note that an RSVP is mandatory to attend; light refreshments will be served