

Ridge Meadows Autism Information and Support Group for Parents



Is pleased to offer a workshop for parents and caregivers:

Beyond the Gluten Free Diet

Nutritional Intervention for Children with Autism

Local Registered Nutritionist, Kerri Schmidt (www.TheStartingPoint.ca), will share information on the latest in nutritional intervention and take you beyond the gluten free diet.

Kerri's talk will include a brief overview of the gluten/casein free diet but will, more importantly, discuss ways to maximize its success. From there, she will provide an in-depth discussion on nutrient deficiencies while sharing some case studies along the way. Join Kerri as she encourages you to look past the diagnosis to see how nutritional intervention may improve some of autism's core symptoms.



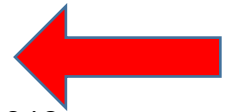
WHO: This workshop is intended for the parents or caregivers of Individuals with a Developmental disability. This event is not suitable for children.

WHEN: Thursday February 7th, 2019 630 pm -8 pm

WHERE: Ridge Meadows Association for Community Living
11491 224 Street, Maple Ridge BC



RSVP: Tracy.Hewgill@rmacl.org (preferred)
or 604 467 8700 ext 119 by Monday Feb 4, 2019



An RSVP is required to hold your spot; light refreshments will be provided. Please note that the information being provided is the view of the presenter, not necessarily of that of RMACL.